



Xtreme Training Center Exciting News...

Yes, that's right...Force Wrestling, Team No Ego MMA, Adult/Youth Conditioning and Fit To The Core Women's Conditioning are now all housed under one NEW name...**Xtreme Training Center** (XTC for short).

Several new classes are in the works that include weight training, gi/no-gi jujitsu, MMA training and kickboxing. Please log onto the Xtreme website at [www.xtrainingcenter.com](http://www.xtrainingcenter.com) to get the latest information and class schedules.

Remember the first class is always FREE and right now we are offering, for a limited time, a **THREE FREE WORKOUTS** special. Try one or try them all! See any instructor to pick up a card. This applies to any class we offer.

Can't commit to a monthly schedule? We are now offering a 10 class card for \$80 (\$20 savings) to use anytime you want to come and get a workout. See any instructor for more details.

Are you ready to **ACCEPT THE CHALLENGE?**